



## “Paralegic Care from a Case Managers Perspective”

Understanding Paralegic Injuries, Treatment and Rehabilitation

### 1. Identifying the Components of Paraplegia

- Physical Injury
- Paralegic
  - Complete and Incomplete
- Quadriplegic
  - Complete and Incomplete
- Caudal Equine Injury

### 2. Hospitalization, Surgery and Recovery

- Surgery
- Acute Hospitalization
  - Wound Care
  - Therapy PT/OT
  - Mental Health of the Patient and Family
- Discharge Planning

### 3. Sub-Acute Hospitalization and Rehabilitation

- Cost Savings vs. Acute Facilities
- Rehabilitation Guidelines for Sub-Acute Hospitals vs. Rehabilitation Hospitals
- Therapy
  - Goals
  - Activities of Daily Living
  - Discharge Planning
  - Transitional Living Unit

### 4. Home Modifications

- When to Address
- Exterior Modifications, Ramp, Elevator
- Bathroom
- Kitchen
- Doorways

### 5. Equipment Needs

- Manual vs. Power chair
- Shower Chair
- Soft Medical Goods
- Transportation / Van
- Exercise Equipment

### 6. Summary & Conclusions

- Future Needs
- Future Hospitalizations
- Home Health needs

### 7. Questions & Answers

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**Objectives:** The learner will be able to identify the types of paraplegia and resources available to provide independence to their patient after a disability; discuss modifications available through today’s technology and the impact on one’s independence; State 3 standards from the ADA guidelines needed in home modifications; List 2 Private Sector Reimbursement possibilities to assist the CM in providing modifications.